

WEEK 1

Week commencing - 30th Oct, 20th Nov, 11th Dec, 8th Jan, 29th Jan, 26th Feb, 19th Mar

MONDAY

(R) Cheese & Tomato Pizza with Pasta Salad

(G) Jacket Potato with Quorn Veggie Chilli

(Y) Jacket Potato with Tuna and Sweetcorn

Sweetcorn, Salsa, Mixed Salad

Flapjack with Apple Slices

TUESDAY

(R) Organic Beef Spaghetti Bolognese

(G) Quorn & Butternut Squash Curry with Rice

(Y) Jacket Potato with Cheesy Beans

Garden Peas, Sweetcorn

Fruit Yoghurt Selection

WEDNESDAY

(R) Roast British Pork with Apple Sauce & Gravy

(G) Lentil Cottage Pie

(Y) Jacket Potato with Roasted Vegetables

Roast Potatoes, Winter Greens, Carrots

Fresh Fruit Salad

THURSDAY

(R) BBQ Chicken Fillet in a Bun

(G) Veggie Pattie in a Bun

(Y) Jacket Potato with Cheese and Ham

Diced Potatoes, Broccoli, Salad

Ginger Sponge & Custard

FRIDAY

(R) Breaded Lemon Salmon Fillet with Oven Chips

(G) Quorn Sausage & Tomato Roll with Oven Chips

(Y) Jacket Potato with Sausages and Beans

Baked Beans, Farmhouse Vegetables

Cheddar Cheese & Biscuits with Grapes

WEEK 2

Week commencing - 6th Nov, 27th Nov, 18th Dec, 15th Jan, 5th Feb, 5th Mar, 26th Mar

MONDAY

(R) Penne Pasta with Homemade Tomato Sauce & Herby Bread

(G) Vegetable Samosas with Homemade Tomato Sauce & Savoury Rice

(Y) Jacket Potato with Tuna and Sweetcorn

Garden Peas, Mixed Salad

Peach & Coconut Sponge with Peach Puree & Custard

TUESDAY

(R) Organic Beef Chilli with Potato Wedges

(G) Cheese & Spinach Cannelloni in Tomato Sauce

(Y) Jacket Potato with Cheesy Beans

Sweetcorn, Broccoli Florets

Fruit Cookie

WEDNESDAY

(R) Roast British Turkey with Stuffing and Gravy

(G) Quorn Fillet with Gravy

(Y) Jacket Potato with Roasted Vegetables

Roast Potatoes, broccoli Florets, Carrots

Fruit Yoghurt Selection

THURSDAY

(R) Organic Pork Sausage & Apple Slice with Mash

(G) Homemade Cheese & Onion Potato Puff

(Y) Jacket Potato with Cheese and Ham

Baked beans, Farmhouse Vegetables

Oaty Apple Muffin

FRIDAY

(R) Breaded Pollock Fish with Hash Brown

(G) Pizza Swirls with Spicy Potato Wedges

(Y) Jacket Potato with Sausages and Beans

Garden Peas, Baked Beans

Fruit & Jelly

WEEK 3

Week commencing - 13th Nov, 4th Dec, 1st Jan, 22nd Jan, 19th Feb, 12th Mar

MONDAY

(R) Macaroni Cheese with Garlic Bread

(G) Potato Topped vegetable & Bean Bake

(Y) Jacket Potato with Tuna and Sweetcorn

Garden Peas, Farmhouse Vegetables

Butterscotch Mousse with Fresh Fruit

TUESDAY

(R) Organic Pork Meatballs in Tomato Sauce with Pasta Twists

(G) Cheese & Egg Flan with Diced Potato

(Y) Jacket Potato with Cheesy Beans

Broccoli Florets, Ratatouille

Fruit Yoghurt Selection

WEDNESDAY

(R) Roast British Gammon & Gravy

(G) Winter Vegetable Crumble

(Y) Jacket Potato with Roasted Vegetables

Roast Potatoes, Cauliflower Florets, Green Beans

Cheddar Cheese & Biscuits with Grapes

THURSDAY

(R) Chicken & Butternut Squash Curry with Rice

(G) Quorn Sausage Patty with Mash

(Y) Jacket Potato with Cheese and Ham

Sweetcorn, Baked Beans

Fruit Bun Loaf with a Glass of Milk

FRIDAY

(R) Jumbo Cod Fish Finger with Country Style Potatoes & Lemon Mayo

(G) Southern Style Quorn Burger with jacket Potato

(Y) Jacket Potato with Sausages and Beans

Baked beans, Coleslaw

Eve's Pudding & Custard

Fresh Bread, crudities or salad are served daily with the main course. Desert alternatives may include: cheese and crackers, fresh fruit or yoghurt.